

FACIAL TREATMENTS

All of our Institute facial treatments involve:

Skin Analysis

- Deep cleansing to emulsify impurities
- Luxurious massage of the face and décolletage
- Tailored treatment mask to suit your individual skin
- Complimentary kinesiology assessment
- Eye and forehead vibrational relaxer or muscle toner

Express Facial - 30 mins \$45.00

Great for a quick pick me up

Eye Treatment - 30 mins \$15 \$30.00

Designed specifically to combat the ageing of the eye contour, smooths fine lines and re-hydrates the delicate eye contour tissues.

Rejuvenating Spa Facial - 50 mins \$70.00

Deep cleansing, detoxifying and nourishing

Ampoule Therapy Facial - 60 mins \$80.00

Treatment designed specifically for your skin's individual needs with the use of intensive ampoules that will bring instant life and hydration. Collagen & elastin, fragile capillary, re-firming, dry, oily, sensitive, rehydrating, normal, combination.

Flash Beaute - 60 mins \$90.00

Anti-oxidant facial boosting the skin's collagen with vitamin C, leaving your skin looking radiant, smoother and re-hydrated.

Oxygenation - 60 mins \$80.00

Pure oxygen sprayed directly onto the skin with vitamins and antioxidants. Breathes life into sluggish, stressed, smokers' impure skin.

Sebum Regulation - 60 mins \$80.00

This treatment is powerful clarifying treatment to cleanse a broad range of congested skin.

Ultimate Hydration - 90 mins \$110.00

This ultra hydrating, luxurious and relaxing salon treatment incorporates oriental, acupressure and classical facial massage techniques and includes oxygen.

Ultimate Refirming - 90 mins \$110.00

Lift defence offers a double action age defying treatment to promote skin's regeneration and strengthening of the skin's tissues

Pure Collagen Sheet with Oxygen \$95.00

- 60mins

This facial helps to strengthen repair, firm and tone the skin

Non surgical face lift - 60 mins \$80.00

This facial leaves the skin feeling toned, rejuvenated and youthful using a unique micro current application

Alphahydroxy Acid AHA Peel and Treatment

- 30 mins \$45.00

This treatment encourages cellular renewal and clarifies the skin.



BODY TREATMENTS

Hydrotherapy

Colonic Irrigation - 60mins \$95.00

Initial Consultation \$75.00

For the ultimate hydration and detoxification

Spray Tanning

Get a professional even Black Magic spray tan for a golden brown summer glow

After care products available for sale

2 Hour rapid Tan \$35.00

Premium 8 hour tan \$30.00

Legs Only \$20.00

Massage (1 Hour) \$80.00

Remedial massage - Deep tissue

Swedish massage - Pure relaxation

Chinese massage - Balances blocked and over energy

Aromatherapy massage - Pure indulgence of the senses

Kinesiology massage - Specific to your healing needs

Vibration Therapy massage - Releases and resets

Hot volcanic rock massage - Tight tense muscles

Body firming massage - Tightening and toning

Lymphatic drainage - Detoxification

Combination massage - Combination of above

BODY SPA TREATMENTS

Full body exfoliation and fake tan \$85.00

Legs exfoliation and fake tan \$45.00

Full body exfoliation \$90.00

with detoxifying seaweed and clay masque

BLEACHING

Lighten dark unwanted hair on arms, legs, stomach or facial hair quickly and effectively POA.

WAXING

Full leg \$30.00

1/2 Leg \$20.00

Full Leg and bikini \$45.00

Bikini Line \$15.00

Under Arm \$10.00

Full Arm \$25.00

1/2 Arm \$15.00

Lip \$10.00

Chin \$10.00

Eyebrow \$10.00

Back/chest from \$30.00



EYE TREATMENTS

Natural Fake Lashes from \$18.00
Eyelash enhancement for a full and volumising affect, can be applied using a permanent or semi- permanent glue for a one day event

Individual Eyelash Extensions from \$60.00
Step into the world of glamour with permanent extensions for every day wear or special occasions

Lash types included in the price: Synthetic, silk, mink, glitter, crystals,

coloured – red, blue, green, orange, port wine, pink, brown, yellow.

Doe Eyed set - 30 mins	\$60.00
3/4 Set - 45 mins	\$75.00
Full Set - 60 Mins	\$100.00
Glamour Set - 90 Mins	\$150.00
Bridal/ Star set - 2 Hours	\$200.00
HD Volumising Lashes	from \$100.00

EYELASH REMOVAL

Lash Haven Lashes Removed	\$15.00
Other Salon Lashes Removed	\$15 - \$55

EYELASH ENHANCEMENTS

Eyelash tint	\$15.00
Eyebrow styling	\$15.00
Eyebrow tint	\$10.00
Eyebrow tint & style	\$20.00

OUR PHILOSOPHY

At Beauty in Health we believe that “being healthy is beautiful”.

That is why our treatments work from the inside out.

We believe that beauty and health cannot be separated and to have one, we must address the other.

We recommend:

- Supplementation to increase collagen and elastin levels to strengthen the skin.
- Specifically designed anti-ageing program to combat the effects of years of ageing.
- Diet and nutritional assessment.
- Structural strengthening program
- Kinesiology treatments to balance the physical mental and emotional
- Topical application of treatment creams, serums and ampoules for your skin type.

LASH HAVEN TRAINING

Class of up to Six	\$249.00
One on One	\$375.00
Perfecting & Application	\$100.00
2-6D Volumising Lash Application	\$495.00



Beauty In Health

BEAUTY THERAPY & KINESIOLOGY

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**Specialising in Eyelash Extensions
Training and Professional Application**



TREATMENTS